

What type of skates are used?

Jamskating can only be done, despite what some say, in roller skates or quads. There are many different types of roller skates used for this genre of skating. Quad skates can range from low-cut to high-cut, lightweight to heavy, and can differ in size, shape, support, style, and color. Since jamskating hit the skating market, boots have been designed just for this particular sport.



The most popular boots for jamskating are low cut with plenty of ankle support. A huge chunk of the jamskating population can be seen wearing this particular type of boot. Others can be seen wearing high-cut art boots with the tongue hanging down. The art boots used for jamskating are considered to be “Old School”, while the newer low-cut models are referred to as “New School”. The choice of a boot depends on preference, and while new styles have been invented to tend to the needs of jamskaters, this new roller skating sport can be done in just about any boots available. There are tons of different plates you can choose from to use for jamskating. Just like the boots, there are plates designed for this genre of skating. Any art, speed, or jam plate can be used for jamskating. Depending on what level you are at in the sport, will determine what kind of plate matches your needs. Plastic plates are commonly used for beginners and aluminum plates are more widely used by experienced skaters. The toe stoppers are replaced with dance plugs, also known as jam plugs and toe plugs.



Wheels and bearings are a dime a dozen. Just like boots and plates, it depends on preference and experience level. The main style of wheels used are wide, have the most grip, and are low profile. All kinds of bearings are used for this sport depending on speed preference.

